



Good Seamanship

**Step
by
Step**
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1. TO KNOW/LEARN

- How to swim, row and paddle
- How to wear the life jacket and give first aid
- How to drive/sail your boat
- How to move in the boat and how to balance it
- How to make the basic knots, even in the dark
- How to take care and use the ropes
- How to moor and anchor securely and safely
- How to use the charts, compass and other navigation equipment and how to navigate
- The marine traffic rules and navigation marks
- Acknowledge your impact to the marine wildlife and environment

2. BEFORE THE SAILING TRIP

- Ensure the boat is seaworthy for the planned trip
- Ensure the crew is proper and sufficiently trained for the trip
- Check the fresh water supply
- Plan and buy the food supplies
- Check the engine and fuel supply
- Empty septic waste tank
- Check that you have all the needed charts and equipment for navigation

- Ensure you have life saving equipment for the whole crew
- Check you have first aid supplies and medicine
- Check the fire fighting equipment
- Secure all loose items properly

3. AT THE SEA

- Always wear life jackets
- Follow the weather
- Follow the marine traffic rules
- Be aware of your location and water depth at all times
- Be prepared to assist other boaters in need

4. WHEN ARRIVING TO PORT

- Lower your speed so that you are not disturbing or harming others
- When under sail, lower the sails well before entering the port and use engine to approach
- Prepare enough fenders for mooring
- Assist arriving boats with berth selection and mooring, there is always room for another boat